

THE IMA SIDEKICK

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March 2012

History of Tang Soo Do

International Martial Arts Assoc.

Tang Soo Do is a relatively modern Korean martial art based upon the ancient Korean art of Soo Bahk Do, which dates back to the 6th Century. However, the exact origin of Tang Soo Do is obscure. Some Japanese Karate experts insist that the art is of Japanese origin; some say it came from Okinawa; others say it began in China with Bodhidharma and spread from there.

It was during the Silla Dynasty (618 - 935 AD) that the martial arts expanded rapidly in Korea. The Kingdom of Silla was one of the three kingdoms in Korea and was notable for the military prowess of its young warrior class, the Hwa Rang. The five basic principles of Tang Soo Do are derived from the principles of these elite warriors. However, Tang Soo Do gained most of its popularity during the Koryo Dynasty (935 - 1392 AD).

At the beginning of the Yi Dynasty (1392-1910), the National Martial Arts Manual was published, and the term Soo Bahk Do became widely used. During the

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2012 Garden State Invitational Championships

On March 31, 2012 Grandmaster Ki Yun Yi will host the 2012 Garden State Invitational Championships, the 36th year for this annual tournament. The Garden State Championships draws martial artists of various styles from throughout the mid-Atlantic region for a day of spirited competition and camaraderie.

Whether you've been to a hundred tournaments or none, the GSIC is a great event to attend. This is an opportunity to expand your knowledge of the martial arts and open your mind and spirit to reach your full potential. Not only will you learn more about the martial arts, if you compete you will also learn a lot about yourself.

This year have some fun and challenge yourself – compete at the 36th Garden State Championships.

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Grandmaster Ki Yun Yi and Yi's Martial Arts Institutes Present

GARDEN STATE INVITATIONAL CHAMPIONSHIPS 2012

Celebrating our 36th Year!
Tang Soo Do - Tae Kwon Do
Kung Fu - Karate

Over 400 Trophies!
8 Huge Grand Champion Trophies!
NEW - Master's Grand Champion!
NEW - Challenged Students Division - FREE
Women's Grand Champion!
2 Seniors Division Grand Champions!
Over 100 Divisions!

Saturday, March 31st, 2012

River Winds Community Center
1000 River Winds Drive • Theodora, NJ 08086

Registration: 9:00 am - Eliminations: 11:00am
Tickets: \$10.00 Adults/Children (all day)

This year we offer a new registration format, directions and phone from last year's tournament

Presented by:
Yi's Martial Arts Institutes

Woodbury, NJ location: 1601 S. Dwyergreen Ave. • (856) 848-2233
Dewsbury, NJ location: 401 Hylan Ave. • (856) 248-1502

More Kids Trophies!
New Female Divisions
More Sparring Divisions

occupation of Korea by Japan (1907 - 1945) the practice of native martial arts was prohibited. This prohibition forced many Korean Soo Bahk Do Masters to emigrate, or to practice secretly. Tang Soo Do was developed by Grand Master Hwang Kee. He mastered Tae Kyun and Soo Bahk Do at the age of 22. Upon his travels to Northern China in 1936, he encountered a Chinese variation of martial artistry called the Tang Method. From 1936 to 1945 he combined Soo Bahk Do with the Tang Method and developed what was to be known as Moo Duk Kwan Tang Soo Do, even though it was officially registered in Korea on November 9, 1945 as the Korean Soo Bahk Do Association.



At the beginning of the modern era of the Korean martial arts, Tang Soo Do was the most popular term for the merged martial arts, however, at that time, the Korean political leader was concerned about establishing Korean value based on Korean nationalism. The political leaders recognized the popularity of Korean martial arts around the world, but were opposed to the use of the name Tang Soo Do for the art, as it sounded like a Chinese martial art. In 1964, a government sponsored small group created a new name for the Korean martial arts: Taekwondo. The "International Martial Arts Association" still respects the original term, Tang Soo Do, and intends to preserve its heritage and value as a traditional way or path. So Tang Soo Do and Tae Kwon Do are divided principally, with Tang Soo Do striving to remain as a traditional martial art, while Taekwondo held its world games and sport.

[The International Martial Arts Association](#) (IMA) is an organization of individuals whose goal is to further the art of Tang Soo Do while preserving the unique heritage and traditions of this time honored art. Members of the IMA work toward the proliferation of the art throughout the world.

Founded by Grandmaster Ki Yun Yi in New Jersey, USA, in 1984, the organization now spans four continents. Although the IMA is a dynamic and growing organization, there is a unity and brotherhood throughout the member schools. Tang Soo Do has since spread throughout the world. Practiced by champions like Chuck Norris, it is a proven method of fighting with a long and proud tradition of victories.

What You Should Know About Protecting Your Child

- *Don't let your child wear clothing with his or her name on it. A child will tend to pay attention to anyone calling him or her by name.*
- *Videotape and **take photos of your child two or three times per year, including profile shots.***
- *Do not leave a child unattended while shopping, visiting with neighbors or friends, or running errands. Under no circumstances should you leave a child alone in a car or truck.*
- *Make sure your child always checks with you before going anywhere with anyone.*
- *Make sure your child learns his or her address and phone number at an early age. A second phone number of a friend or relative is also helpful.*
- *Teach your child how to make a collect phone call, and to begin with "Operator...I'm in trouble; I need your help."*
- *If your child is a latch-key kid, make sure that he or she knows to keep all doors and windows locked, never let anyone know that he or she is alone, and never let anyone in the house, not even someone claiming to be a police officer or from the fire department. Those kinds of professionals know to forcibly enter in case of an emergency.*
- ***Have your child fingerprinted***
- *Know whether your child is left or right handed.*
- ***Keep a written record of all birthmarks, scars and identifying features, like moles or freckles.***
- ***Keep a growth chart of your child; know his or her height.***
- *Make sure your child knows to scream and run if approached in an alarming way by anyone. Your child should be taught to ALWAYS tell you immediately if he or she is approached by a stranger who asks for help, offers candy/gifts, or frightens him/her in anyway. Your child should know to make you aware of anytime he or she feels uncomfortable with ANYONE.*

Information provided by the [Child Search.org](#)

CALENDAR OF EVENTS

BLACK BELT REGISTRATIONS DUE

ALL IMA BLACK BELTS PLEASE COMPLETE
YOUR 2010 REGISTRATION A.S.A.P.

DUE BY FEB. 29, 2012

SEE YOUR INSTRUCTOR FOR DETAILS

BLACK BELT TESTING

SATURDAY, APRIL 28, 2012

IMA HEADQUARTERS

560 S. EVERGREEN AVE.

WOODBURY, NJ 08096

SEE YOUR INSTRUCTOR FOR TIME

GRANDMASTER KI YUN YI'S 36TH GARDEN STATE CHAMPIONSHIPS

SATURDAY, MARCH 31, 2012

RIVERWINDS COMMUNITY CENTER

1000 RIVER WINDS DR.

THOROFARE, NJ 08086

**ALL IMA STUDENTS PLEASE PLAN TO COMPETE
– YOUR SUPPORT IS APPRECIATED!**

9TH IMA WORLD CHAMPIONSHIPS

MAY 19, 2012

EGG HARBOR TWP. COMMUNITY CENTER

5045 ENGLISH CREEK AVE.

EGG HARBOR TWP., NJ 08234

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News from Europe:

by Master S. Nar

EUROPEAN TEAM is preparing hard for the forthcoming IMA World Championships and look forward to the gathering of our IMA Tang Soo Do family.

Master Nar's 35th Anniversary Invitational Championships to be held in London, England 20th October 2012. Special guest of honour will be IMA President, Kwan Jang Nim.



Master S. Nar

2013 European IMA Championships to be held in Malta.

Tournament Director is Master S. Nar and the Tournament Host is Master I. Wallace. Special guest is IMA President Grandmaster Yi.

Date and venue to be confirmed.

Martial Arts Word Search- Find the Words!

All words will be found either left to right, or up to down. No words will be backwards or diagonal.

Good luck!



Word List:

capoeira, sanshou, mantis, taichichuan, kata, karate,
tibet, wingchun, aikido, sash, punching, stance,
monkey, belt, technique, shaolin, china, uniform,
judo, drunken, tiger, dragon, qigong

By Bella Online